



DECEMBER 2021

METUCHEN Elementary Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Pasta w/ Meat Sauce & a Split Top Dinner Roll ¹	Sweet & Sour Chicken Bowl (Chicken Meatballs over Brown Rice) ²	Pizzeria Pizza ³
Chicken Fingers w/ a Split Top Dinner Roll ⁶	3-Cheese Cavatappi Pasta w/ a Split Top Dinner Roll ⁷	100% Beef Burger or a on a Bun with Emoji Fries ⁸	3 Bean Vegetarian Chili w/Corn Bread ⁹	Pizzeria Pizza ¹⁰
Popcorn Chicken w/ a Split Top Dinner Roll ¹³	Mozzarella Sticks w/ Marinara Sauce ¹⁴	Pizzaboli ¹⁵	Holiday Luncheon Turkey w/Gravy, Mashed Potatoes & Vegetable Holiday Giveaway ¹⁶	Pizzeria Pizza ¹⁷
Boneless Chicken Wings w/ "Our Secret" Mac & Cheese ²⁰	All Beef Hot Dog with Emoji Fries ²¹	Pizzeria Pizza ²²	No Lunch Service ²³	No Lunch Service ²⁴
 ²⁷	WINTER BREAK ²⁸		 ³⁰	³¹

Also Available Daily:

Bagel & Yogurt Lunch w/ a Cheese Stick



**Locally Grown
McIntosh Apples**



**Locally Grown
Butternut Squash**



**All students receive
one free meal per day**



At least 50% of All Grains served w/ your meal are Whole Grain Rich



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Hormone-Free Milk

Menu Subject to Change

Product substitutions may occur due to supply chain disruptions as a result of COVID-19

Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."