





NOVEMBER 2021

Metuchen Elementary School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Popcorn Chicken w/ a Split Top Dinner Roll	2 Election Day No Lunch Service	3 Pizzeria Pizza	4	5 NJEA Convention No School
8 Boneless Chicken Wings w/ a Split Top Dinner Roll	9 Beacon Street Cheese Sticks w/ Marinara Dipping Sauce	10 Nachos Grande Beef w/ Cheese & Corn Tortilla Chips Brown Rice	11 3-Cheese Cavatappi Pasta w/ a Split Top Dinner Roll	12 Pizzeria Pizza
15 Cheese & Pepperoni Stuffed Sandwich	16 Pasta w/ Meat Sauce & a Split Top Dinner Roll	17 Sweet & Sour Chicken Bowl	18 Thanksgiving Lunch Turkey w/ Gravy & Mashed Potatoes Turkey-Shaped Pretzel	19 Pizzeria Pizza
22 Chicken Nuggets w/ a Split Top Dinner Roll	23 Pizzeria Pizza	24 No Lunch Service	25 	26
29 Beacon Street Cheese Sticks w/ Marinara Dipping Sauce	30 3-Bean Vegetarian Chili w/ Corn Bread			

Also Available Daily:

Bagel & Yogurt Lunch w/ a Cheese Stick



**Locally Grown
Cranberries**



**Locally Grown
Cauliflower**



Free meals for all students*



At least 50% of All Grains served w/ your meal are Whole Grain Rich

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Hormone-Free Milk

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."